

WeightWatchers®

smart & savvy

Tortilla Chicken Melt Appetizer (480 calories/ 1.3g fat/ 6g fiber) **10**

Tender chipotle-roasted chicken, reduced-fat mozzarella and cheddar cheeses, broccoli, mushrooms, carrots, corn, red peppers and red onions, all grilled within a wheat tortilla and topped with non-fat cilantro ranch dressing. Served with a side of tomato salsa. \$7.99

Onion Soup au Gratin (150 calories/ 8g fat/ 1g fiber) **3**

A classic beef broth loaded with caramelized onions, topped with a crouton and reduced-fat cheese. \$3.99

Italian Chicken & Portobello Sandwich (360 calories/ 6g fat/ 11g fiber) **7**

Grilled, marinated chicken breast topped with sliced portobello mushrooms, a slice of tomato and chunky marinara sauce. Served on a wheat bun along with fresh fruit. \$7.99

new Grilled Chili-Lime Chicken Salad (250 calories/ 6g fat/ 6g fiber) **5**

Grilled chicken breast atop a bed of fresh spinach, tossed with red onions, roasted red peppers, sliced fresh mushrooms and reduced-fat cheddar and mozzarella cheeses. Served with a chili-lime vinaigrette dressing. \$8.49

new Garlic Herb Chicken (370 calories/ 6g fat/ 7g fiber) **7**

Seasoned grilled chicken breast served in a garlic herb sauce. Paired with steamed heir potatoes and seasonal vegetables. \$8.99

Steak & Portobellos (330 Calories/ 10g fat/ 8g fiber) **7**

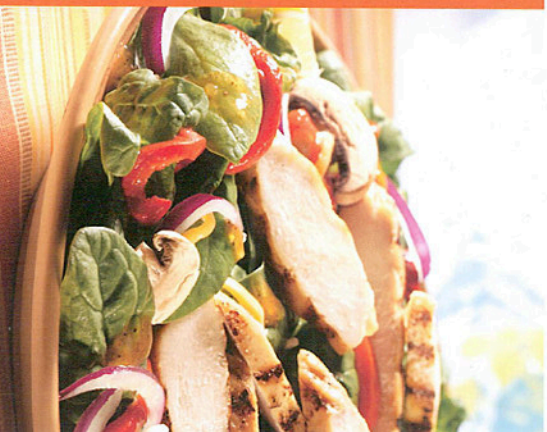
Juicy, flame-grilled sirloin steak topped with sliced, sautéed portobello mushrooms and a savory brown sauce. Paired with steamed heir potatoes and seasonal vegetables. \$9.99

Cajun Lime Tilapia (310 calories/ 6g fat/ 9g fiber) **6**

A grilled Cajun-seasoned tilapia fillet flavored with lime juice and topped with a black bean & corn salsa. Served on a bed of rice pilaf with a side of seasonal vegetables. \$9.99

Chocolate Raspberry Layer Cake (230 calories/ 3g fat/ 3g fiber) **4**

This chocolate treasure is covered in a light cream cheese glaze and drizzled with raspberry sauce. \$4.29



new grilled chili-lime chicken salad



new garlic herb chicken

Substitutions or preparation and ingredient variability may cause **POINTS®** values and nutritional info to vary. For more information on Weight Watchers®, go to WeightWatchers.com or call 1.800.451.6000. **WEIGHT WATCHERS®** and **POINTS®** are registered trademarks of Weight Watchers International, Inc. and used under license.